



Year 1 Curriculum Letter

Autumn 2025

First Half Term Week 7 and 8



Superheroes

Week 7 and 8 Express

At the 'Express' stage, children will become performers, experts and informers, share their achievements with parents, classmates and the community, evaluate finished products and processes, link what they have learnt to where they started and celebrate their achievements!

Express Geography



Oh no! Dr. Zorb, the villain from our 'Engage day' has been spotted in Australia! The children will be using the excitement from our 'Engage day' for Geography.

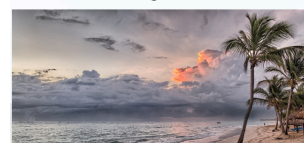
We will be learning the name of the countries in the United Kingdom as well as the continents and oceans. As an extension the children will locate and name the capital cities of the United Kingdom.

We will be using songs to help us learn the names of the continents and oceans. Here is one version you might like to sing at home with your children.

(<https://www.youtube.com/watch?v=K6DSMZ8b3LE>)

The children will also learn about human and physical features of geography.

Physical



Beach

Human



City

English



We will be finishing our writing of the story *Supertato*, checking that we have capital letters, full stops and have used our phonics to sound out words. The children are familiar with the language of the story as they have retold it as a class using Talk for Write (using simple diagrams and actions to verbally retell the key parts of the story). We will also expect to start seeing the use of adjectives (describing words, for example: the **red** cape).

Over the half term please continue to read with your child, checking their understanding as they read. Going to the library is also a great way to encourage a love of books.

Maths



In Maths we will be using our adding and subtraction skills to solve one step word problems. We will be discussing with the children what a word problem is and then introducing and modelling the correct method of solving one. We read it, circle the important information, then write our number sentence (**Read, circle, then write**). We will be continuing to focus on counting in multiples of 2s, 5s and 10s through singing and games, with a particular focus on counting and writing in 5s to 50 over this week.

They will continue to practise using mathematical language such as: How many more? How many altogether? addition, plus, problem, solve, total, equal to, more than, less than, fewer, most and least.

Physical Education

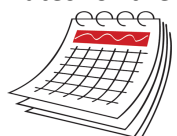


Our focus for P.E. is dynamic balance and agility, building the children's basic core skills of balancing and coordination in movement. For example, jumping over a point on the floor using both legs, landing on both legs at the same time. We will be using a story called *Journey to Blue Planet* from our P.E. programme, Real P.E. Throughout the day children can



also use their gross motor skills when learning outside. The children will also take part in a weekly run where children build up their long distance running stamina.



Religious Education 	Why are we thankful ? As a class we are going to reflect on what we have done during this first half term. It has been a long 7 weeks and we have learned a lot about being in school with everything else going on in the world. We will make a list of what we are grateful for and talk about what gratitude means.
Relationship and Health Education (R.H.E) 	This week in R.H.E. we will be reviewing our class rules and discussing what makes a successful learner. As we approach the half term week we will remind the children about the importance of staying safe when going out as well as staying clean and healthy. 
Dates for the term 	Thursday 23rd October Open Evening – A google form will be sent to you on the 16th October for you to sign up for an appointment time. Friday 24th October INSET Day – (no school for children)

We have had a wonderful first half term in Year 1. We have loved getting to know all the children. Have a restful half term break, Autumn 2 is a very busy term with Christmas productions, we look forward to seeing you back at school on Monday the 3rd of November ready for our new topic... Paws, Claws and Whiskers!



Learning at home

Below are optional activities for you to complete throughout this half term.

- Regular reading at home is vital to sustain progress and liaising with staff through the Home/School contact book is invaluable to your child. Children are encouraged to read each night and change the reading book each morning.

Other ideas you might like to try this half term.....

- Listen and hum along to the tune from your favourite superhero TV programme. Can you remember all the words?
- Use information books and the web to find out about Guinness World Record holders and their superhuman achievements
- Make a flipbook showing adventures of a superhero stick person
- Plan or make a lunchbox fit for a superhero
- Make up a song or rhyme about a superhero. You could sing about their strengths and skills and promote their vision for world peace and harmony
- Make a model of a superhero. You could use modelling dough, cardboard boxes and tubes, scraps of material or papier-mâché.
- Interview someone who works for the emergency services about their job.
- Who is your hero? Bring a picture of them to school and explain to your classmates why you chose them.

- If you could have a super power, what would it be? Would you be able to fly? Become invisible? See through buildings? Write about some of the adventures you might have.
- Design (on paper or using a computer) a poster featuring a new superhero such as Anti-Litter Person and convey their important message.
- Make a table of traits comparing characteristics of a hero and a villain.

Thank you,
The Year 1 Team