



Year 1 Curriculum Letter

Autumn 2025

First Half Term Weeks 1,2&3



Superheroes

Weeks 1, 2 & 3 Engage

In the Engage Stage, we will introduce the Superheroes topic, immersing the children by dressing up as both real and made up superheroes and solve a mystery together. This will form the inspiration for challenges this half term.

Engage Music Art Science



What makes a Year 1 Superhero? The children will be having a Superhero dress up day and from there we will discuss the features of a Superhero and how these powers can be transferred to learning.

We will then design our own superhero in week 2 based on the experiences we have had and by thinking about the skills and tools we will need to be the best we can be in Year 1. As an inspiration the children will look at the art and design elements of Stan Lee (the creator of the Marvel superhero universe).



In Week 3 our curriculum focus will be Science. The children will explore their 'Super Senses.' The children will investigate questions such as, what are the Five Super senses? How do we use them? How do superheroes adapt them? (e.g.: we use our eyes for looking, Cyclops has laser eyes, which of the five senses has Spiderman adapted?) We will introduce the Five Senses by explaining what each one does. We will then investigate the effect of not being able to use one of our senses. For example, close your eyes and listen to an instrument, which instrument is it? Close your eyes and smell a herb, do you know which herb it is? The children will then go on a five sense hunt around the school, what can they hear, smell, see, touch and taste (fruit from the snack table)?



In Music we will focus on the children using their voices expressively and creatively by singing songs and learning how to add rhythm to poems which we will be reciting for our Harvest assembly.

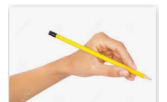
Pumpkin Poem

One day I found two pumpkin seeds.
I planted one and pulled the weeds.
It sprouted roots and a big, long vine.
A pumpkin grew; I called it mine.
The pumpkin was quite round and fat.
(I really am quite proud of that.)
But there is something I'll admit
That has me worried just a bit.
I ate the other seed, you see.
Now will it grow inside of me?
(I'm so relieved since I have found
That pumpkins only grow in the ground!)

English



In English we are going to start this term with immersing ourselves in our Superhero topic. The children will be writing about their summer holiday and all about themselves during independent learning, as Year 1 Superheroes! At this stage in the term we will be focusing on handwriting and we are looking to see that the children are holding their pencils correctly, writing on the line, putting spaces between their words and using capital letters and full stops correctly.



As part of our 'Engage'. we will be writing a recount about our Superhero Day (Tuesday 17th September). In our recount we will be using adverbs of time (**first, next, then, after that** etc) to order the events. We will encourage the children to use descriptive language (adjectives) when writing about their powers and costumes.

Maths 	In Maths we are going to be exploring number and place value. We will be exploring number by looking at the value of each digit and finding different ways to represent them using objects and pictures. The children will be identifying one more and one less than any given number on number lines and hundred squares. They will also learn mathematical language such as: equal to, more than, less than, fewer, most and least. We will be counting in multiples of 2s, 5s and 10s through singing and games. 
Physical Education 	Our focus for P.E. is coordination and static balance, building the children's basic skills of balancing on one leg and completing challenges like moving a ball from one hand to another. We will be using a story called <i>Pirate Pranks</i> from our P.E. programme called Real P.E. Throughout the day we also have movement and dance breaks as well as doing a weekly run where children build their long distance running stamina. 

Religious Education 	In R.E., our focus will be on how gratitude and understanding are features and key words of religious life. We will build discussions around how we help each other and how we show gratitude and understanding to our friends and family. This will form the basis of our build up to the Harvest festival.
Relationships and Health Education)	Our main focus in R.H.E. will be to be learning about and practising the school and classroom routines and rules for creating a safe and happy place to learn. Each class will be creating a 'success criteria' focusing on the key points on how to do amazing learning in Year 1, this will be displayed in the class as a reminder of what safe, happy, learning is. 
 Wanted!	The children learn both inside and outside every day. We have waterproof coats and trousers in school for the children to wear. Please send a pair of wellington boots into school for your child to wear. The children can leave their wellington boots in school, so they are here when they need them. Any colour or style is fine, please make sure they are named.
Dates for the term 	Tuesday 16th September- Superhero Dress up day, come to school dressed as your favourite superhero, this can be a popular one or a made up one. Thursday 23rd October Open Evening – Lists will be available the week before to sign up for an appointment time. Friday 24th October INSET Day – (no school for children)

Learning at home

- Regular reading at home is vital to sustain progress and liaising with staff through the Home/School contact book is invaluable to your child. Children are encouraged to read each night and change the reading book each morning.

Ideas you might like to try this half term...

- Listen and hum along to the tune from your favourite superhero TV programme. Can you remember all the words?
- Use information books and the web to find out about Guinness World Record holders and their superhuman achievements
- Make a flipbook showing adventures of a superhero stick person
- Plan or make a lunchbox fit for a superhero



- Make up a song or rhyme about a superhero. You could sing about their strengths and skills and promote their vision for world peace and harmony
- Make a model of a superhero. You could use modelling dough, cardboard boxes and tubes, scraps of material or paper-mâché.
- Interview someone who works for the emergency services about their job.
- Who is your hero? Bring a picture of them to school and explain to your classmates why you chose them.
- If you could have a super power, what would it be? Would you be able to fly? Become invisible? See through buildings? Write about some of the adventures you might have.
- Design (on paper or using a computer) a poster featuring a new superhero such as Anti-Litter Person and convey their important message.
- Make a table of traits comparing characteristics of a hero and a villain.

Thank you, The Year 1 Team